

St. Croix Scuba 2023 Advanced Open Water Diver

There are a few things that you will need to consider prior to your first day of our Advanced Open Water Diver program.

1. **Knowledge Reviews must be completed** from your textbook prior to the first class. Required sections are Deep, Navigation, Peak Performance Buoyancy, Search Recovery, and Wreck
2. **Medical Statement must be reviewed.** If you answer YES to item 3, 5, or 10, or ANY question on page 2, then you **must** have your physician sign off on page 3 in order to participate.
3. **Personal gear must be arranged.** Be sure to bring your Mask, Fins, and Snorkel. If you'd prefer to rent, the cost is \$50 for the entirety of the Advanced training with us.
4. **This is not a Scuba Review.** The skills learned in the Open Water Diver course are prerequisite for this course. If you need a refresher, we offer them regularly. We recommend students have some (10+ dives) experience beyond their initial check out dives before signing up for the Advanced course.

Schedule:

Wednesday 6:00PM - 8:00PM

Thursday 5:00PM - 9:30PM

Saturday 10AM or 11AM - 4:00PM (varies)

Wednesday at **6PM** class starts at the dive store. We will check the Knowledge Reviews corresponding with our 5 dives, complete the required paperwork, check out any rental equipment needed, and talk through the schedule for the following days.

Thursday we will meet at **Homestead Parklands on Perch Lake at 5PM**. After equipment set-up and briefing, we will complete the Peak Performance Buoyancy, Navigation, and Search & Recovery adventure dives. After the dives we will return to the dive store to refill tanks.

Saturday will be a longer day of diving at a deeper destination. We will complete our Deep dive first, followed by a potluck/grillout lunch. After lunch we will head back out for a Wreck dive to finish the day. This day always takes place at a deeper destination, which varies depending on which class you sign up for.

www.SaintCroixScuba.com

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