

# **St. Croix Scuba**

## **2022**

### **Advanced Open Water Diver**

There are a few things that you will need to consider prior to your first day of our Advanced Open Water Diver program.

1. **Knowledge Reviews must be completed** from your textbook prior to the first class. Required sections are Deep, Navigation, Peak Performance Buoyancy, Search Recovery, and Wreck
2. **Medical Statement must be reviewed.** If any conditions are marked “YES”, then a physician must sign off to OK the student for diving activities before in-water training.
3. **Personal gear must be arranged.** Be sure to bring your Mask, Fins, and Snorkel. If you’d prefer to rent, the cost is \$50 for the entirety of the Advanced training with us.
4. **This is not a Scuba Review.** The skills learned in the Open Water Diver course are prerequisite for this course. If you need a refresher, we offer them regularly. We recommend students have some experience beyond their initial check out dives before signing up for the Advanced course.

#### **Schedule:**

**Wednesday 6:00PM - 8:00PM**

**Thursday 5:00PM - 9:30PM**

**Saturday 10AM or 11AM - 4:00PM (varies)**

Wednesday at 6PM class starts at the dive store. We will check the Knowledge Reviews corresponding with our 5 dives, complete the required paperwork, check out any rental equipment needed, and talk through the schedule for the following days.

Thursday we will meet at **Homestead Parklands on Perch Lake at 5PM**. After equipment set-up and briefing, we will complete the Peak Performance Buoyancy, Navigation, and Search & Recovery adventure dives. After the dives we will return to the dive store to refill tanks.

Saturday will be a longer day of diving at a deeper destination. We will complete our Deep dive first, followed by a potluck/grillout lunch. After lunch we will head back out for a Wreck dive to finish the day. This day always takes place at a deeper destination, which varies depending on which class you sign up for.